



**NEW
COURSE
DATES**

Abri

Creating communities,
empowering lives



ENERGY EFFICIENT COOKING

- Cook tasty meals
- Reduce energy bills
- Save time, money
and reduce waste

Scan the QR code to
register your interest
or get in touch.

Priority will be given to Abri Homes
tenants and low income households.



Wed 5 Nov - Wed 10 Dec

11am - 12.30pm

**Chard Baptist Church,
Holyrood Street**

**Free air fryer or
slow cooker for every
household**

Email info@project-food.org.uk, call 01297 631782 or WhatsApp 07305 004631 for more information.